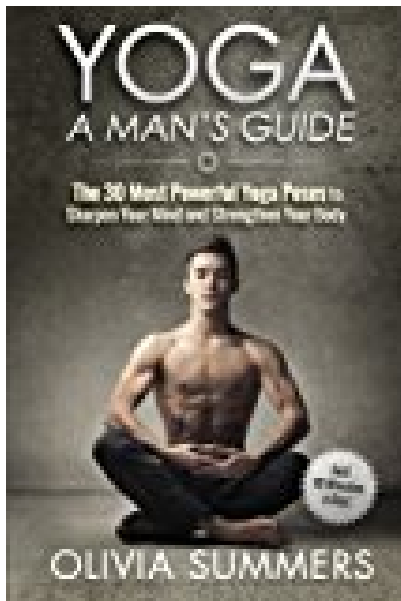


Yoga A Mans Guide The 30 Most Powerful Yoga Poses to Sharpen Your Mind and Strengthen Your Body



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